

DiagnosTear

Don't Let Dry Eye Derail Your Vision

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Approximately 4 million cataract surgeries are performed annually in the US and 7 million in the EU¹. Also, around 0.8 million refractive surgeries are performed annually in the US² and 0.75 – 1.1 million in the EU³.

Dry eye syndrome (DES) can significantly impact the success of cataract and refractive surgeries and as a result, the American Academy of Ophthalmology (AAO) recognizes the importance of addressing DES before and after cataract and refractive surgeries.

Prioritizing DES management can:

- **Reduce Post-Operative Discomfort:** Minimize dryness, irritation, and other bothersome symptoms.
- **Enhance Visual Outcomes:** Achieve clearer, more stable vision by optimizing the ocular surface.
- **Minimize the Risk of Complications:** Prevent potential issues like corneal damage and infection.

In a recent clinical study⁴, the **TeaRx™ Dry eye test (DiagnosTear)** was shown to be effective in assessment of DES, differentiation between severe and non-severe cases, determination of severe Meibomian Gland Dysfunction (MGD), the leading cause of evaporative DES, and in prediction of the clinical outcome of Cyclosporine A, a commonly used topical immunomodulatory therapy for DES.

These features potentially make TeaRx™, the diagnostic tool of choice for assessment of DES before and after cataract or refractive surgeries, as it may offer critical information addressing the following AAO guidelines⁵.

Pre-Operative Evaluation

- **Thorough Assessment:** Patients considering these procedures should undergo a comprehensive eye exam to identify any pre-existing DES conditions.
- **Custom Treatment Plans:** Based on the severity of DES signs and symptoms, personalized treatment plans may be recommended to optimize the ocular surface before surgery.

Post-Operative Care

- **Enhanced Recovery:** After surgery, close monitoring is essential to detect and address any potential DES signs and symptoms that may arise.
- **Tailored Therapies:** A range of treatment options, including artificial tears, eyelid hygiene, and prescription medications, may be employed to alleviate dryness and promote healing.
- **Long-Term Management:** In some cases, ongoing management of DES may be necessary to maintain optimal visual outcomes and comfort.

1. Rossi T, Romano MR, Iannetta D, Romano V, Gualdi L, D'Agostino I, Ripandelli G. Cataract surgery practice patterns worldwide: a survey. *BMJ Open Ophthalmol.* 2021 Jan 13;6(1)
2. <https://www.nvisioncenters.com/laser-surgery/lasik-each-year/>
3. Number of LASIK surgeries in Europe 2004-2020 <https://www.statista.com/statistics/278481/number-of-lasik-surgeries-in-the-us>
4. <https://www.aaopt.org/education/preferred-practice-pattern/dry-eye-syndrome-ppp-2023>
5. https://bio-light.co.il/wp-content/uploads/2024/04/Press-Release- DiagnosTear-India-Results_FINAL.pdf